



Metro Transit—612-373-3333

Provides bus service from Washington County to other cities in the metro area.

Fares and hours of service vary.

www.metrotransit.org

MNET(for persons on Medical Assistance)

-1-866-467-1724

Provides rides to medical appointments.

MTS operates this service.

Northland Transportation—952-922-6876

Special needs transportation to medical appointments.

Travelon Transportation—952-926-9292

Provides rides for medical and non-medical needs.

UCare Minnesota—612-676-6830

Provides transportation to enrollees who qualify for rides. Contact the Health Ride Coordinator to schedule a ride.

www.ucare.org

United Way's First Call for Help—211

24-hour a day helpline for transportation and other services. The service is free.

Veterans Administration Medical

Center— 612-725-2000, ext. 2763

Provides transportation to eligible veterans.

Other options:

- family, friends, neighbors, church members, parish nurses, American Legion and VFW clubs

-local taxi companies

[-www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info)

-Senior Linkage Line—1-800-333-2433

-Your health insurance provider



You can help! Volunteer drivers are needed to provide rides to medical appointments for Washington County residents. Hours are flexible and you can meet new people. Must have a clean driving record and no criminal history. For more information go to www.volunteercvs.org or call Cathy Dyball at 7651-439-7434.

Questions? Contact:
Cathy Dyball, Program Manager
Community Thread
2300 W. Orleans St.
Stillwater, MN 55082
Phone# 651-439-7434
Fax# 651-439-7616

e-mail: cathy@volunteercvs.org



community thread

Transportation Resources for Washington County Residents

June 2009

If you need transportation, and you live in Washington County, you have a variety of options available to you. Transportation fees and fares will vary with each service provider and many require some advance notice to schedule a ride. Other transportation services exist that may not be included here. Check your local phone directory for more information.



American Cancer Society—651-255-8100

Transportation provided to cancer patients who are ambulatory and need rides to doctor appointments and medical treatments. The Road to Recovery Program uses volunteer drivers. Five business days advance notice is encouraged.

www.cancer.org

Blue Cross Blue Shield Blue Ride—651-662-8648

A service to BluePlus members who are ambulatory. Transportation provided to medical, dental, physical therapy or eye exams.

Three business day advance notice is needed to schedule a ride.

www.bluecrossmn.com

Community Thread(formerly Community Volunteer Service and Senior Centers) - **651-439-7434**

Transportation provided by volunteer drivers to medical appointments for persons who are ambulatory with no other means of transportation. Minimum of three business days advance notice is needed. Donations are accepted.

www.volunteercvs.org

Dial-A-Ride—612-278-2539. Provides a shared ride service in several metro area cities. Some buses go to other cities. There is a fare. One day notice needed with limited same day availability. See below for local Dial-A-Ride services.

Lake Area Bus—651-644-8876 (serves White Bear Lake, White Bear Township, Mahtomedi, Vadnais Heights, Birchwood and Gem Lake.)

Northeast Suburban Transit(NEST)- 651-227-6378(serves North St. Paul, Maplewood and Oakdale)

St. Croix Circulator (651-278-2539 (serves Bayport, Oak Park Heights and Stillwater)

South County Circulator - 612-278-2539 (serves Cottage Grove, Grey Cloud Island, Newport, and St. Paul Park)

Woodbury Dial-A-Ride—651-735-7433 (serves the Woodbury area)

www.metrotransit.org/otherTransOpts/dialARide.asp

Healtheast Transportation—651-232-1717

Lift-equipped van for medical appointments. Call for more information and rates. Medical assistance reimbursement may be available.

www.healtheast.org/HEMT/

HealthPartners Ride Care—952-883-7400

Provides transportation to medical appointments to enrollees to qualifying insurance plans.

www.healthpartners.com

Human Service, Inc. (HSI) - 651-275-4300

A door-to-door shared ride service for Washington County residents. You can call as early as five days in advance. Limited same day service is available. ADA rides are provided in state designated areas 365 days a year. There is a fare for each one-way ride. Inquire about fare rates at the time of ride arrangement.

www.hsicares.org

Med-Van—1-800-422-0976

Metro Mobility - 651-602-1111

Serves people with disabilities with limited services in Washington County.

www.metrocouncil.org/transportation/paratransit/intro.htm