

BAYPORT SENIOR CENTER NEWS

263 3RD STREET NORTH
BAYPORT, MN 55003

PHONE: 275-8907

FAX: 275-8907

AUGUST/SEPTEMBER 2010

AM I OLD????

I turned sixty this summer and celebrated the birth of our second grandchild.....Does that make me old? I used to think 65 was old, but now I think it is all in the eyes of the beholder. My Mom is ninety and she thinks I am a spring chicken....WRONG.....My granddaughter plays with my wrinkled skin and says, "Grandma, what is this?"

The idea of being "old" never held too much interest for me, until I had my first grandchild. My values changed. I only like shopping now if it is at Farmer's Market or buying something for my grandkids. I don't make myself finish a book, time is too precious. I have more choices. I can slow down and not feel guilty. I hope I appreciate kindness more and realize that accumulation of "things" doesn't matter. And laughter is precious and it can come at anytime. And I can take time to enjoy life.

We all know attitude is important. It's BIG!!!! We need friends, new experiences, learning, old stories, and celebrating to help us enjoy life. August is usually the end of summer, and September starts our new year of adventures at both the Stillwater and Bayport Center. Please join us. Health Care Reforms are coming, we will have info sessions to help you make choices. New experiences, come to our geo caching event. Exercise, join our senior aerobics. Memory maintenance and learning, join our beginning bridge classes or play cribbage and 500. Stay young, come and volunteer with all our intergenerational events. Some student would love to share a story with you....Are you old???? Not in my eyes!!! Program Manager-Sue Schultz.

DERBY DAYS IN BAYPORT

Join us September 18th for the "Taste of Bayport". We will be serving cookies and coffee again. It is a great Saturday night starting at 6 pm.



HATS OFF!!

This school year we logged 377 hours of cribbage volunteering. These hours are so appreciated by Andersen and Afton-Lakeland School we need to acknowledge our volunteers: Elaine & Jerry Anderson, Pat Anderson, Mary Buckentine, Kathy & Bill Conley, Connie & Ron Fredkove, Marv Friedrich, Mike & Sue Haines, Jeff Hill, Digger Johnson, Les Krongard, Karen Lampi, Dick & Linda Law, Diane and Joe Legato, Louella Merton, Lorraine Miller, Phyllis O'Donnell, Gloria Phillips, Steve Ridgeway, Bev and Al Schultz, Dan Schultz, Mary Tallackson, and Ardell Worley. Thanks so much...

Bayport Senior Center Events of Note

BINGO

Join us August 6th & 10th and September 3rd & 17th for bingo at 10:00. Cards are a quarter a piece for the hour.

500/CARDS OF CHOICE

Cards will be played August 3rd & 17th and September 7th & 21st.



UP & AT IT WEIGH IN

August Weigh-In's are scheduled for August 3rd, 4th, and 5th. September Weigh-In's are 7th, 8th, and 9th from 9:30-11:30. Please join us for the August weigh-in if you are interested.

HEALTH DAY WEDNESDAY, AUGUST 11

Happy Feet will be here on the above date. Appointments are necessary. Call Sue 275-8907. First appointment is 9:30.

Blood Pressure Screening will also be available on the above date from 12:30-1:00. Service is provided by Croixdale.

PONTOON RIDE MONDAY, AUGUST 16th & 30th LET'S GO FISHING SR. OUTINGS BAYPORT MARINA



Join us for a pontoon ride in the middle of August. We can seat 9 seniors on the pontoon. This will be a boating excursion, no fishing. We start at 1 pm and will be finished at 3pm and we will enjoy the beautiful St. Croix river. Let's Go Fishing is a new non-profit in Stillwater providing no cost fishing or boating excursions to seniors 55 and older. The dock and boat is very accessible and we have volunteers to help. Please call sue for a reservation, 275-8907.

HAMBURGERS & BRATS ON THE GRILL THURSDAY, AUGUST 12, 11:30 By CROIXDALE



Is it ready yet? We are going to have a barbecue, sponsored by the kitchen of Croixdale. The menu will include hamburgers/brats, beans, potato salad, creamy cucumber salad, beverage, and champagne cake. Reservations are needed by 08/10, call 275-08907. Cost is \$4.00.

GEOCACHING TUESDAY, AUGUST 24, 10:00-11:30 BAYPORT PARK

Bayport Senior Center has a new adventure for you, geocaching. The basic idea of geocaching is to locate a hidden treasure using global positioning systems. Each of you will be provided with a GPS tool and instruction. Then each participant will find his individual treasure. This is a wonderful worldwide game of hiding and seeking treasure. It's your chance to be Meriwether Lewis or Sacajawea. Register with Sue....Seek A Cache!!!!

BAUBLES & BANGLES STILLWATER SENIOR CENTER THURSDAY, AUGUST 19TH, 9:00-4:00



Come and enjoy the most fun sale of the summer. Fun treasures, used jewelry, bake sale, and bargains. Just for you.

CANOEING ON TERRIPIN LAKE WEDNESDAY, SEPTEMBER 29, 9:00 WARNER NATURE CENTER

Want to have a fun morning? Want to see some wonderful scenery? We will be canoeing on Terripin Lake, a pristine lake with no development around the lake. A pair of swans have claimed the lake for their new home. We will canoe two people to a boat, cost is \$10.00 a person. Bring your camera. We hope to have a big group. Call Sue if interested, 275-8907.