



## Bridge

Friday afternoons, 12:45start

If you enjoy a good game of bridge, please join our Friday afternoon bridge players. Participants should sign-up at the Senior Center a week in advance, and/or call Jim the bridge contact person, to be put on a wait list, no later than the Wednesday prior. For more information or if you have questions, please call Jim at #351-1867 and be sure to leave your contact information.

## 500 Cards

June 9<sup>th</sup> and June 16<sup>th</sup> ( No June 23<sup>rd</sup> )  
July 14<sup>th</sup> , July 21<sup>st</sup> and July 28<sup>th</sup>  
12:15- 2:30pm

Refresh your card playing skills and come to have some fun with other avid card players.  
\*Bring \$1 "for the house" / quarter for prize. Please call for more information #439-7434.

## Health Insurance Counseling

Monday, June 10<sup>th</sup>  
AM appointments only

The Metropolitan Area Agency on Aging, under the guidance of the Minnesota Board on Aging, offers health insurance counseling services to Medicare beneficiaries of all ages and their caregivers in the metro area. Counseling is provided by state-certified Health Insurance Counseling staff and volunteers, and is available at no fee at the Stillwater site. Appointments are needed. Please call by the Friday prior #439-7434.

## Book Club



Monday June 14<sup>th</sup> and July 12<sup>th</sup> 1:00pm

In June, Catherine Winters will lead the discussion of Extremely Loud & Incredibly Close written by Jonathan Foer. The July reading will be Late Home Comer by Yang. Phyllis Bjork will facilitate that discussion. The Book Club meets the second Monday of each month and discuss a wide variety of books chosen by the leader for that month. Everyone is welcome to come and participate or just listen in.

## Lunch Bunch

Monday, June 21<sup>st</sup> 11:15am and  
Monday, July 26<sup>th</sup> 11:30am(4th Monday)

Our Lunch Bunch will travel to Afton's *Sail Away Café* to enjoy a wonderful lunch outdoors in June. In July we will visit the *Lowell Inn* for a fine dining experience, and always delicious food! Number of reservations dependent on the number of drivers! Please sign-up soon by calling #439-7434.



## July Birthdays

Harold (Jay) Hegerness	7/01
William Wolner	7/01
Arland Moorhouse	7/01
Judith Garver	7/03
Beverly Kimball-Deick	7/03
Beverley Kraemer	7/04
Elinor Cihlar	7/05
Marion Snow	7/06
Nancy Diethert	7/06
Mary Ann Glaser	7/09
Eloise Metz	7/09
Vaughn McNeal	7/11
Verna West	7/12
Jim Mondor	7/13
Eileen Newman	7/14
Elaine Rude	7/14
Thomas McAvoy	7/15
Gerry Roettger	7/15
Lorraine Jacobs	7/15
Connie Koepp	7/16
Dorothy Teske	7/18
Mary Fletcher	7/19
John Richter	7/20
Joan Loer	7/22
Gerry Riedesel	7/23
John Ganser	7/23
Grace Marquardt	7/23
Irvin Johnson	7/24
Barbara O'Malley	7/25
Paul Glaser	7/26
Harold Wittich	7/26
Jan Hoyer	7/27
Joan Ratte	7/27
Beverly Wittich	7/28
Lindasue Lambrecht	7/29
Edward Fredrickson	7/29
Warren Utecht	7/29
Gail Brown	7/30
Bob Goodman	7/31

## AARP Driver Safety Program

Minnesota drivers that are 55 and over can become safer drivers and save money on car insurance by completing this course. The cost of the class is \$14 with a \$4 fee. Total cost is \$18. Pre-registration, accompanied by payment is required. Registration may be made in person or by mail at the Stillwater Senior Center. Call #439-7434 to register.

Refresher classes (4 hours) 12:00-4:00  
 Tuesday, July 13<sup>th</sup> or Thursday, July 15<sup>th</sup>  
 Tuesday, September 14<sup>th</sup> or  
 Thursday, September 16<sup>th</sup>

First Time class (8 hours) 12:00-4:00  
 Part 1: Tuesday June 8<sup>th</sup> and  
 Part 2: Thursday, June 10<sup>th</sup>

### Refresher evening classes-

Tuesday, June 22<sup>nd</sup> 5:30-9:30  
 Wednesday, July 28<sup>th</sup> 5:30-9:30  
 Tuesday, July 13<sup>th</sup> 5:30-9:30  
 Thursday, July 15<sup>th</sup> 5:30-9:30

\*Minimum number of participants needed

## \$\$ "Give a little. \$\$ Get a lot!"

Community Thread is implementing a new policy~ We are requesting participants give "a buck for the house" when at the Senior Center for on-going social/recreational programs. It's a little bit toward the cost of maintaining a comfortable, clean and safe space for you to come and play. Thank you for your co-operation!



## Volunteer Opportunities in Your Community

### Lakeview Hospital- Stillwater.

A number of volunteer opportunities are available that could use your help! Volunteers assist customers by ringing up purchases in the gift shop, help patients and visitors find their way and get answers to their questions, or as a musician playing relaxing music for hospital patients and visitors on Lakeview's piano. Or volunteer in surgery waiting where you will assist and escort family members who are waiting for someone in surgery and/or filling in for the surgery receptionist for a short period each shift. Contact Kim Klisch, 651.430.8522, [kklisch@lakeview.org](mailto:kklisch@lakeview.org) for more information.

### Customer Service – St. Paul Park

Do you enjoy people? Stone Soup Thrift Shop is looking for friendly people to help customers purchase items at their store. Choose a time in the morning or afternoon Monday through Saturday to volunteer. For more information contact Becky Monson at 651-458-9786 or e-mail [stonesoupthriftshop@yahoo.com](mailto:stonesoupthriftshop@yahoo.com).

### Chapel Assistant – Woodbury

Many studies and surveys have shown that religious affiliations have beneficial effects to human health. Being a part of a loving, caring community is an important ingredient in quality of life and good health maintenance. Volunteer to assist the residents of the Woodbury Health Care Center to their chapel services and find the pages in their hymnals. Volunteers must have the strength to push residents in chairs and on ramps. Training is provided. Service times are 8:45 - 10:15 a.m. Wednesdays, Thursdays, Saturdays, and Sundays. For more information contact Mary Bjerke at 651-287-6545 or e-mail [mbjerke@woodburyseniorliving.com](mailto:mbjerke@woodburyseniorliving.com).

### Buddy – Stillwater

Share your smile and companionship with persons living with HIV/AIDS. Help maintain the quality of life of the residents of Hope House of St. Croix Valley by coming to the house to do puzzles, play board games, watch a movie, play piano, help with meal preparation, or just hang out. Time commitment is for two hours with the volunteer choosing afternoon or evening and the time that works with their schedule. For more information contact Kathleen Hill at 651-351-0361 or e-mail [hopehousecd@aol.com](mailto:hopehousecd@aol.com).