



Stillwater and Bayport Senior Centers

August/September 2010

What's Happening at the Senior Centers?

We're smack dab in the middle of summer, and sizzling our way through it! *Uff dah! It's been a corker!* Our centers have seen plenty of activity during these steamy days of summer...preparations for the big Jewelry sale on August 19th, Brats N' Banjo's night, Cribbage Tournament, workouts with the Aerobics class, intergenerational programs, lots of card playing and basically, good times with friends. A great way to spend summer, I'd say.

In July, Sue was blessed with grand daughter #2, another redhead (!) and Karla has begun the countdown to her son's wedding next summer. The brand new parking lot at the Ann Bodlovick Apartments is finally finished and looking great and the new landscaping at the American Legion/Bayport Senior Center is very nice, too!

As we look ahead to the rest of the summer, we see there are some really special events coming up! We have reserved places on a beautiful pontoon, sponsored by the "Let's Go Fishing" community group. The boat leaves from the Bayport Marina and travels along the St. Croix River for two hours of great leisure time, fishing or just pontooning. Learn more about this on page three of your newsletter. Then, we'll be dancing at the Withrow Ballroom on Thursday, August 26th from 1-4pm. Get out your dancing shoes folks...we'll be "cutting a rug" soon! Don't forget the Washington County Fair will be here before you know it, too! Senior Day is Friday, August 6th.

This fall we'll all be hearing more and more about Health Care Reform. It is important information for all of us to know and take seriously. Guest speakers are already scheduled at the Stillwater Center to facilitate information sessions about how this will affect us, and also share how it will affect Medicare Beneficiaries. It's time to listen up. Hopefully, our speakers will help make the maze easier for you to navigate!

Enjoy our Minnesota summer, sizzling days, humid nights, mosquitoes and all!

August Birthdays

John Podeszwa	8/01
Adeline Otte	8/02
Annette Johnson	8/02
Marie Olsen	8/04
Rod Bernardin	8/05
Ruby Rumpf	8/06
Mildred Autio	8/11
Richard Mockler	8/12
Harold Buckentin	8/12
Mary Forbes	8/12
Beverly Zeidel	8/14
Irene Baker	8/14
Kitty Reichert	8/15
Dolores Webber	8/15
Elaine Anderson	8/16
Richard Meierotto	8/17
Joan Meierotto	8/18
Ruby DeFore	8/19
Shirley Nyberg	8/19
Jan Gunderson	8/19
Dean Carlson	8/21
Danice Dziekan-Brew	8/21
Hazel Carlson	8/23
Evelyn Monsen	8/25
Peggy Ryan	8/25
Anita Buck	8/25
Robert Johnson	8/27
Eunice Fouks	8/28
Mary Selnes	8/28
Wayne Peterson	8/29
Beverly Harvieux	8/30
Orville Schettle	8/30
Ellie Ganser	8/31
Rae Kupferschmidt	8/31

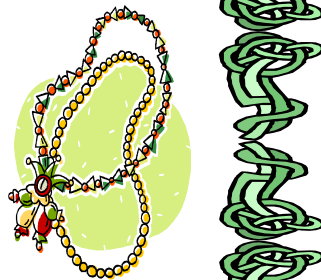
Baubles, Bangles and Bobbers Used Jewelry and Bake Sale!

Thursday, August 19th 9am-4pm
Stillwater Senior Center

~Tables will be restocked with jewelry
throughout the day~

"It's the best sale of the summer!"

Call #439-7434 for more information!



Events of Note

The Stillwater Senior Center is open Monday through Friday, 9 am — 4 pm for planned activities, programs and services. Space is also made available during regular business hours for more informal activities such as book browsing or a game of pool. The center maintains a large library of books which may be borrowed for home use. Resource information on senior housing, community resources, home healthcare options, and a wide variety of subjects are available. The senior center is a great place to meet friends and visit over a delicious cup of coffee. We hope to see you soon!

**Please note that not all programs are described in this section.
See calendars for more events and activities.*

Cribbage

Tuesdays and Thursdays 1:00pm
*Early cribbage Tuesday, August 17th &
Tuesday, Sept. 21st 9:00-11:30am
No cribbage Thursday, August 19th

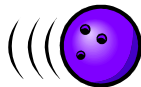
Join us for a fun afternoon of cribbage! For more information or to check the schedule, please call #439-7434. *Bring "a buck for the house". Thank you!

Enhance Fitness

Summer hours
Mondays and Wednesdays 9am-10am
* Note: No August classes See you in September!

Bowling

Mondays *Start time 12:30pm
Woody's Bar and Grill in Bayport



Join this enthusiastic group of bowlers that love to have a good time! Get some great exercise and have fun too! Cost \$3.00. For more information call the Senior Center at #439-7434.

500 cards

August 11th and August 25th
Sept. 8th and Sept. 22nd

Refresh your card playing skills and come to have some fun with other avid card players.
*Bring \$1 "for the house" / quarter for prize. Please call for more information #439-7434.

Bunco

***See calendar for dates**

What's bunco? It's a fun dice game that needs no strategy...it's simply the luck of the dice that makes you a winner or the biggest loser! Bring a friend and your sense of humor! Cost: \$1.25 for prizes and refreshments *plus* a dollar "for the house"!

Bridge

Friday afternoons, 12:45start

If you enjoy a good game of bridge, please join our Friday afternoon bridge players. Participants should sign-up at the Senior Center a week in advance, and/or call Jim the bridge contact person, to be put on a wait list, no later than the Wednesday prior. For more information or if you have questions, please call Jim at #351-1867 and be sure to leave your contact information. Please bring "a buck for the house!" Thank you!

Health Insurance Counseling

Monday August 9th and Monday, Sept. 13th
AM appointments only

The Metropolitan Area Agency on Aging, under the guidance of the Minnesota Board on Aging, offers health insurance counseling services to Medicare beneficiaries of all ages and their caregivers in the metro area. Counseling is provided by state-certified Health Insurance Counseling staff and volunteers, and is available at no fee at the Stillwater site. Appointments are needed. Please call by noon the Friday prior #439-7434.

Book Club

Monday, August 9th and
Monday, September 13th



In August the Book Club will be reading *Marley & Me* by John Grogan, with Sharon Bartlett facilitating the discussion. The September book will be *Life Among the Lutherans* by Garrison Keillor, with discussion leader Carol Banister. The Book Club meets the second Monday of each month. Visitors are always welcome!

Volunteer Opportunities—Senior Center

Community Thread: Community Thread seeks a volunteer to work with the Neighborhood Service Exchange, a volunteer time bank program for people of all ages and abilities who live in or work in Washington County. Core duties include data entry, making phone calls, helping with surveys and reports, and other tasks. Hours are flexible, one day a week during the daytime. Contact: Cathy Dyball, 651-439-7434.

Washington County Court Association: Court Greeters are needed to greet people who come to the courts area and to help them determine where to go. Hours are flexible during weekdays, but would like someone who can work at least 4 hours weekly. For more info, please contact: Lisa Spreeman, 651-430-6286

Good Samaritan Society: Friendly volunteer wanted to work as a receptionist. Responsibilities would include greeting and directing visitors, answering the phone, and transferring calls. No experience necessary, as they will provide training on the phone system. Hours are fairly flexible, generally 4 hours per week. Contact: Laura Kramer, 651-275-8363.

August is National Golf month

Here are some fun quotes...



"Golf combines two favorite American pastimes: Taking walks and hitting things with a stick." P.J .O'Rourke

"One of the nice things about the Senior tour is that we can take a cart and cooler. If your game is not going well, you can always have a picnic!" –Lee Trevino

"I know I'm getting better at golf because I'm hitting fewer spectators." Gerald Ford

Deepest Condolences

Our sincere sympathy to the family and friends of Dorothy Nelson, longtime Senior Center friend and volunteer, to Winona Torgeson in the passing of her brother, Theodore Burton, and to Kathy Oertel in the passing of her dear brother. We send you all our warm thoughts.

Thank you for your donations!

June Osborne..... iris
 Kitt Ridgway..... books
 Julie Olson..... quilting material
 Fresh Fields baked goods
 Patricia Becchetti..... cards
 Deanna & Paul Skoug garden produce
 Irv Johnson..... paper supplies
 Mildred Guion tomato plants
 Pat Pederson..... baby sweater
 Ron Roeller..... flashlight
 Mystery Man lilies
 Kowalski's bakery goods
 Cub bakery goods
 Anonymous..... pens
 Kathy Oertel Misc. sample products and creams

Many thanks to all who give donations of books, magazines, coupons, and items for the craft cupboard! We always have a good supply to share with one another!

Also, special thanks to those who bring treats to share with friends! You're thoughtfulness is appreciated!

Get Well Soon

We send our very best to Eileen Meader, who took a fall earlier this summer and continues to recuperate. We hope you feel stronger each and every day!

September Birthdays

Henry Thompson	9/01	Arlene Loeber	9/14
Jeane Jenson	9/02	Patricia Sergi	9/14
Lloyd Goble	9/03	Patricia Bursch	9/14
Mary Engler	9/04	Robert Eardley	9/16
Harriet Minks	9/04	Shirley Christianson	9/17
Lillian Offerman	9/04	Rod Hobson	9/17
Sandee Russell-Reed	9/05	Lorraine I. Miller	9/18
Betty Anderson	9/07	Mary Gunderson	9/19
Maxine Pence	9/07	Norma Talbott	9/19
Mary Russell	9/07	Virginia Weiss	9/20
Jean Luggé	9/10	Jeanette Nelson	9/21
Agnes Johnson	9/11	Phyllis Bjork	9/22
Freya Kask	9/11	Sandra George	9/23
Shirley O'Connor	9/11	Richard Schmidt	9/23
Elizabeth Vandenberg	9/11	Eugene (P'Nuts) Bell	9/24
Richard Virock	9/12	Irene Sanderson	9/24
Carol Banister	9/13	Clinton Christianson	9/25
Dorothy Spoons	9/13	Bonnie Haffely	9/26
Kathryn Welch	9/13	Isabelle Gieseke	9/29
Marion Weiss	9/13	Janet Garlock	9/29
Glen Mathison	9/13		



2300 West Orleans Street
Stillwater, MN 55082

community thread

Phone: 651-439-7434

Fax: 651-439-7616

August/Sept 2010

Non-Profit
Organization
U.S. Postage Paid
Permit 259
Stillwater, MN

Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5

Return Service Requested

Our Philosophy and Mission

The experience, skills and abilities of senior citizens are a valuable resource in the St. Croix Valley and have contributed to the progress of the community.

The purpose of the Community Thread is to provide a variety of programs, services, enjoyable activities and opportunities for individual enrichment in a friendly atmosphere.

Community Thread Staff

Valerie Jones, Executive Director

Mary Weber, Associate Director

Karla Bataglia, Stillwater/Bayport Senior Center Program Director

Cathy Dyball, Neighborhood Service Exchange & Transportation Program Manager

Lisa Thalacker, Volunteer Center Program Director

Sue Schultz, Bayport Senior Center Program Manager

Kristen Wesloh-Development Director

Katie Dahill, Washington County Medical Reserve Corps Coordinator

Elena Ballum, Volunteer Center and Senior Center

Robin Halloum, Volunteer Center Program Coordinator

Jammi Hansen-Blair, Holiday Bureau Coordinator

Patsy Rollwagen, Jan Schueffner--Receptionists

Check out our Website: www.volunteercvs.org